

## USPF SCORE CARD

<b>NAME:</b>		<b>WT. CLASS</b>		<b>DATE:</b>			
<b>CITY:</b>		<b>BODY WEIGHT:</b>		_____ AGE _____ MALE _____ FEMALE _____ EQUIPMENT CHECK *REFEREE INITIALS _____ T-SHIRT SIZE			
<b>CLASS:</b> OPEN _____ JUNIOR _____ SUBMASTER _____ MASTER _____ PL _____ BP _____ DL _____ PP _____							
<b>SQUAT BAR HEIGHT:</b> _____		<b>IN / OUT</b>				<b>BENCH BAR HEIGHT:</b> _____	
<b>ATTEMPT:</b>	<b>1ST</b>	<b>2ND</b>	<b>3RD</b>			<b>BEST</b>	
<b>SQUAT</b>							
<b>BENCH</b>							
<b>DEADLIFT</b>							
<b>AR: AMERICAN RECORD</b> _____			<b>SR: STATE RECORD</b> _____				
<b>FOURTH ATTEMPTS (Does not count towards total)</b>							
<b>SQUAT</b> _____		<b>BENCH</b> _____				<b>DEADLIFT</b> _____	

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